



FFT LLC



Functional Family Therapy

An overview of our evidence-based
intervention for youth and families

WWW.FFTLLC.COM



About FFT

Functional Family Therapy (FFT) is an evidence-based intervention for youth and families. This high-quality, strength-focused family counseling model is designed primarily for at-risk youth who have been referred by the juvenile justice, mental health, school, or child welfare systems. Services are short-term and conducted in both clinic and home settings, and can also be provided in schools, child welfare facilities, probation and parole systems, and mental health facilities.

Who FFT Serves

At-Risk Youth
& Families

Youth in the
Child Welfare
System

Gang-
Involved
Youth

Youth Under
Probation &
Parole

Key Features



Evidence-Based

50+ studies conducted on FFT over the past five decades point to consistently positive results—both short and long-term.



Cost-Effective

FFT delivers cost benefits to taxpayers. Florida, for example, saved \$193 million through the inclusion of FFT in its Redirection Project.



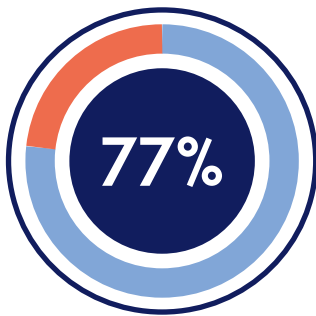
Family-Focused

By including a family's individual set of values, cultures, needs, and barriers in the treatment planning process, FFT significantly increases motivation for change.

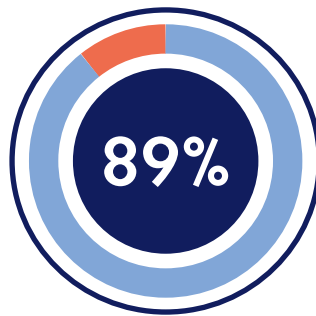
Proven Results

Treatment Outcomes

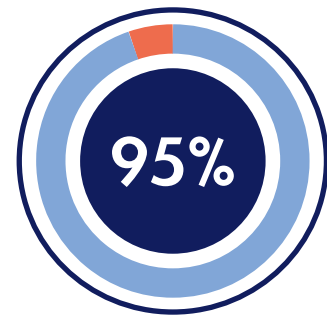
Studies show that of youth who participated in FFT treatment,



have no new offenses 18 months post-referral



have no drug charges 18 months post-referral



attend school/work at treatment close

Cost Savings



UP TO **\$5,000**
SAVED PER FAMILY

PENNSYLVANIA



FFT produced an estimated \$67 million economic benefit for Pennsylvania through crime reductions.

WASHINGTON



For every dollar spent on FFT in Washington, \$19 is saved through reductions in felony recidivism.

**For more
information, visit
www.ffmpeg.com**

ATLANTA

3490 Piedmont Rd NE, Suite 304
Atlanta, GA 30305

SEATTLE

1251 Northwest Elford Drive
Seattle, WA 98177